

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Companion	Marigold, Pot	Indian Prince	85-100	1 ft.	1 ft.	18-24 in.	Y	Has stunning color due to its dual-color petals. Bold orange on the top, but backed with a deep mahogany red give this gorgeous bloom amazing depth of color!	6 pk.	\$4.00
Companion	Marigold, Pot	Oopsy Daisy	85-100	1 ft.	1 ft.	8-12 in.	Y	A delightful compact mix of single and semi-double forms, the open-petaled blooms tipped in glowing orange.	6 pk.	\$4.00
Companion	Marigold, Pot	Zeolights	85-100	1 ft.	1 ft.	18 in.	Y	Lovely two-tone peachy flowers in a fully double form featuring myriad rows of petals that are a warm ginger on top and a fiery orange underneath.	6 pk.	\$4.00
Herb	Chervil	Chervil	60	6 in.	1 ft.	1-2 ft.	Y	Delicate lacy leaves with distinct flavor good in soups, with fish or asparagus. An essential ingredient in mesclun.	3 in.	\$4.00
Herb	Chives	Garlic	80-90	12-15 in.	12-15 in.	18-24 in.	Y	Young leaves are most tender and work well in egg dishes, soups, marinades and Asian cooking. White, edible flowers appear in summer.	3 in.	\$4.00
Herb	Cilantro	Calypso	50-55	4 in.	2-4 in.	12-18 in.	Y	This robust grower produces lots of deliciously clean-flavored leaves for fresh tasting dressings, dips and sauces.	3 in.	\$4.00
Herb	Cilantro	Santo	50-55	12-18 in.	1 ft.	2 ft.	Y	The flowers are edible. Use them raw because the flavor fades quickly when cooked. Sprinkle to taste on salads, bean dishes, chicken, and spicy Southwestern dishes.	3 in.	\$4.00
Herb	Cress, Land	Upland	45-60	18-24 in.	4-6 in.	4-6 in.	Y	Slow to start but, once established, easy to grow. Long standing and slow bolting.	6 pk.	\$4.00
Herb	Cress, Water	<b>UNAVAILABLE</b> True Watercress	50-60	18-20 in.	6 in.	18-24 in.	Y	Delicious in watercress soup, pesto, sauteed with garlic, or as a fresh garnish. Use in tofu, egg, potato and cheese dishes.	6 pk.	\$4.00
Herb	Dill	Fernleaf	55-60	12-14 in.	18-24 in.	16-18 in.	Y	1992 AAS winner. Perfect for patio planters; dwarf, compact plants don't need staking and won't topple over.	3 in.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Herb	Dill	Superdukat	40-50	12-14 in.	18-24 in.	16-18 in.	Y	Seeds are used as a pickling spice and leaves are used in omelets, fish dishes, and salads. Also used as a garnish. Leaves can be dried for later use.	3 in.	\$4.00
Herb	Fennel	Orion	80	10-12 in.	4-6 in.	2 ft.	Y	Brings a wonderful anise flavor to salads, soups, dips and roasted dishes! Large, rounded bulbs are white to very light green in color and 3-4" in diameter.	3 in.	\$4.00
Herb	Fennel	Preludio	50-80	16-18 in.	4-6 in.	2 ft.	Y	You will love this variety oven-roasted, topped with a sprinkle of balsamic vinegar. If you have seed left over from your fall planting, sow it in spring.	3 in.	\$4.00
Herb	Parsley	Giant of Italy	75	2-3 in.	12-18 in.	18-20 in.	Y	Huge, dark green leaves with great flavor. Strong, upright stems make this one of the best parsleys.	3 in.	\$4.00
Herb	Parsley	Italian Dark Green Flat	60	12-16 in.	12-18 in.	10-12 in.	Y	Far more nutritious than the curly type. Cut the entire plant at once for drying the leaves as a spice, or harvest the individual leaves as you need them.	3 in.	\$4.00
Herb	Parsley	Wega	75	1 ft.	3-5 in.	12-18 in.	Y	Highly uniform and refined curled parsley variety with leaves that are bright and clean tasting with sturdy stems.	3 in.	\$4.00
Herb	Parsley, Chinese	Leisure Cilantro	35-40	18-24 in.	4-6 in.	12-18 in.	Y	Popular microgreen garnish. Complements meat, fish and poultry, noodle dishes and soups.	6 pk.	\$4.00
Herb	Parsley, Japanese	<b>UNAVAILABLE</b> Mitsuba	50-60	14-20 in.	4-6 in.	18 in.	Y	This native Japanese herb is called Japanese hornwort or Japanese wild parsley. It is a popular traditional vegetable, dento yasai, of Japan.	3 in.	\$4.00
Herb	Perilla	Green Ao Shiso	60-70	18-24 in.	10-12 in.	2 ft.	Y	Has a slightly minty taste, and makes a very nice pesto. Green shiso leaves are also calledohbo which just means 'big leaf'.	3 in.	\$4.00
Vegetable	Artichoke	<b>SOLD OUT</b> Green Globe	150-180	2 ft.	4 ft.	3-4 ft.		An heirloom vegetable grown for its tender, edible flower buds. Plants add a strong architectural element to vegetable garden plantings.	3 in.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Artichoke	<b>SOLD OUT</b> Purple of Romagna	180-200	3 ft.	3-5 ft.	2-7 ft.		The artichoke is a cultivated thistle grown for its edible flower buds, which are either green or purple and must be harvested before the flower begins to bloom.	3 in.	\$4.00
Vegetable	Arugula	<b>SOLD OUT</b> Astro	38	8-10 in.	6 in.	4-10 in.	Y	Sprinkle over salads or add to vegetable stir-fries. Flavor is spicy and nutty. Popular choice for brightening up salad mixes.	6 pk.	\$4.00
Vegetable	Arugula	<b>SOLD OUT</b> Wild Rocket	40	3 ft.	18-24 in.	8 in.	Y	Has an intense flavor that is sharp and clean, unlike salad rocket, which can become bitter with age in hot weather.	6 pk.	\$4.00
Vegetable	Bok Choy	<b>SOLD OUT</b> Ching Chang	50	18-24 in.	6-12 in.	5 in.	Y	Has deep, rich green leaves with creamy white stalks. Harvested when young, 5 inches tall, it is very tender and delicious.	6 pk.	\$4.00
Vegetable	Broccoflower	<b>SOLD OUT</b> Vitaverde	76	2-3 ft.	18 in.	18-24 in.		The famous cross of broccoli and cauliflower! Grows up to 1 pound. This hybrid has a vibrant green head, is heat tolerant and cooks fast with a mild sweet taste.	6 pk.	\$4.00
Vegetable	Broccoli	Calabrese	60-90	18 in.	1 ft.	30-36 in.	Y	A deliciously old-fashioned broccoli boasting dark bluish-green central heads about 5" across. Tall, erect plants give way to multiple side shoots once the central head is cut.	6 pk.	\$4.00
Vegetable	Broccoli	Early Purple Sprouting	120-200	2 ft.	15-18 in.	3-4 ft.	Y	Not only a colorful addition to salads, but it is very flavorful. Slightly cook them in the microwave and toss them in salads.	6 pk.	\$4.00
Vegetable	Broccoli	Romanesco Italia	75	12-15 in.	1 ft.	18-24 in.	Y	Excellent steamed, blanched, grilled or just in a salad. Try it in many of your favorite vegetable dishes.	6 pk.	\$4.00
Vegetable	Broccoli	<b>SOLD OUT</b> Umpqua	60-75	18-24 in.	1-2 ft.	28 in.	Y	Beautiful, uniform heads and able to produce over a long harvest window. Generous side shoot production. Great quality and season-long growth.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Broccoli	Waltham	65-70	2 ft.	15-18 in.	28 in.	Y	For best flavor, cook broccoli only until tender/crisp or use raw with dips or in salads. Broccoli freezes very well, maintaining its color, texture and taste.	6 pk.	\$4.00
Vegetable	Broccoli Rabe	<b>UNAVAILABLE</b> Rapini	60-70	8-12 in.	1 ft.	2-3 ft.	Y	Green shoots have a captivating flavor. Cut 6" pieces when the "broccolis" are the size of a quarter. You'll love it lightly sauteed with garlic and olive oil, fresh in salads and boiled soups.	6 pk.	\$4.00
Vegetable	Broccoli, Chinese	Kailaan	60-70	12-15 in.	1 ft.	18 in.	Y	Flavor is a bit stronger than Western broccoli, peppery and pungent in the aftertaste. It's delicious, and most typically used, in a stir-fry, but also makes a tasty addition to a fresh salad.	6 pk.	\$4.00
Vegetable	Broccolini	<b>SOLD OUT</b> Aspabroc	50	30-36 in.	18-24 in.	2-3 ft.	Y	Has a sweet, delicate flavor with a subtle, peppery taste. The flavor is milder and sweeter when cooked.	6 pk.	\$4.00
Vegetable	Brussels Sprout	<b>SOLD OUT</b> Long Island Improved	85-115	2 ft.	15-18 in.	20-24 in.	Y	A nutritious vegetable that can be added to all sorts of culinary dishes. They also carry a few health benefits as well and are known as one of the world's most beneficial crops.	6 pk.	\$4.00
Vegetable	Burnet	Salad Burnet	70-100	18 in.	8-12 in.	12-18 in.	Y	Use whenever you want to add a cool, cucumber flavor. Leaves can be tossed into salads or used on sandwiches. They make a nice addition to cold drinks, like lemonade and wine spritzers.	6 pk.	\$4.00
Vegetable	Cabbage, Chinese	Green Seoul	70	18-30 in.	10-12 in.	12-15 in.	Y	Tender leaves are delicious and well flavored, excellent for stir-fry cooking and pickling for kimchee.	6 pk.	\$4.00
Vegetable	Cabbage, Chinese	Kogane	70	18-30 in.	10-12 in.	12-15 in.	Y	Has good flavor and is popular for pickling and cooking. Creates a nice contrast with darker greens for microgreens and baby leaf.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Cabbage, Chinese	Michihili	50-85	6-8 in.	1 ft.	16 in.	Y	The flavor of Chinese cabbages is more subtle and pleasant than our familiar European head cabbage. The water content is higher, they are crisper and more refreshing and also less fibrous.	6 pk.	\$4.00
Vegetable	Cabbage, Green	<b>SOLD OUT</b> Brunswick	90	2 ft.	2 ft.	12-14 in.	Y	Widely used for making sauerkraut. An excellent late-season variety. Very cold hardy! Stores well. Excellent choice for home gardens.	6 pk.	\$4.00
Vegetable	Cabbage, Green	Early Jersey Wakefield	70	18 in.	2 ft.	12-14 in.	Y	Has a small core and good wrapper leaves. Popular for excellent flavor, this is a great heirloom cabbage for the home vegetable garden!	6 pk.	\$4.00
Vegetable	Cabbage, Green	Late Flat Dutch	100	18 in.	2 ft.	3 ft.	Y	Low-growing heads have a short core and excellent wrapper leaves. May grow poorly in hot weather, but revives quickly in cool, wet weather. Very good keeper.	6 pk.	\$4.00
Vegetable	Cabbage, Green	Perfection Drumhead Savoy	95	18 in.	2 ft.	3 ft.	Y	A large drumhead-type cabbage that has finely-wrinkled, savoyed leaves that are mild and sweet in flavor. Lacks the sulfur smell when cooking that other cabbages can sometimes have.	6 pk.	\$4.00
Vegetable	Cabbage, Red	Mammoth Red Rock	90	18 in.	2 ft.	1 ft.	Y	Cabbage is delicious eaten raw and can be grated and tossed into a traditional coleslaw which can serve as a side dish or topping for burgers, barbeque and even grilled sausages.	6 pk.	\$4.00
Vegetable	Cabbage, Red	Red Express	63	18 in.	2 ft.	3 ft.	Y	2-4 pound cabbage heads are great for slaw, stir fry or salads.	6 pk.	\$4.00
Vegetable	Cabbage, Red	Tete Noire	60-70	10-12 in.	12-18 in.	8-12 in.	Y	This cabbage looks great shredded in salads or coleslaw as the deep red surface contrasts with the white flesh inside.	6 pk.	\$4.00
Vegetable	Cardoon	Gobbo Di Nizzia	110	12-15 in.	2-3 ft.	3-6 ft.		A rare cardoon from Italy, its broad white stalks are eaten fried, sauteed, pickled and in soups. Italians eat it raw, dipped in olive oil. The root is also edible, tasty, and can be used like parsnips.	3 in.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Cauliflower	Green Macerata	85-90	24-30 in.	2 ft.	18-24 in.	Y	A delicious, Italian variety with 2 pound bright apple-green heads that are superb cooked or raw in salads.	6 pk.	\$4.00
Vegetable	Cauliflower	<b>SOLD OUT</b> Purple of Sicily	90	24-30 in.	2 ft.	18-24 in.	Y	The lovely purple color is a very nice contrast to vegetable plates. This cruciferous vegetable is full of antioxidants and like other cruciferous vegetables helps prevent cancer.	6 pk.	\$4.00
Vegetable	Cauliflower	<b>SOLD OUT</b> Snowball Self-Blanching	65-75	2 ft.	2 ft.	12-18 in.	Y	The flavor is mild and tasty both raw and cooked. An excellent snack to have in the refrigerator for those that desire crunchy, filling treats that also happen to be very nutritious and low in calories.	6 pk.	\$4.00
Vegetable	Celery	Tendercrisp <b>SOLD OUT</b>		2 ft.	6-8 in.	2 ft.		A very large type of celery with excellent flavor.	6 pk.	\$4.00
Vegetable	Celery	Utah Tall	100	18 in.	10 in.	2 ft.		Produces tall stalks, tasty leaves, and compact, blanched tender hearts.	6 pk.	\$4.00
Vegetable	Chard, Japanese	Umaina	55	18-24 in.	2-4 in.	5-6 in.	Y	This tender Japanese variety has broad leaves that are deep green, slightly savoyed, and have short pale green mid-ribs.	6 pk.	\$4.00
Vegetable	Chard, Swiss	Five Color Silverbeet	60	16 in.	1 ft.	18 in.	Y	Harvest very small leaves (generally under 3") before they take on their strong flavor. When preparing the chard, trim the leaf from the rib and chop the rib finely before adding it to the dish.	6 pk.	\$4.00
Vegetable	Chard, Swiss	<b>SOLD OUT</b> Flamingo Pink	60	15-18 in.	6-10 in.	16-20 in.	Y	Ideal for mixed salads. The thin-stemmed leaves can also be sauteed and braised. Anything you can do to spinach, you can do with chard.	6 pk.	\$4.00
Vegetable	Chard, Swiss	Oriole Orange	60	12-18 in.	4 in.	12-14 in.	Y	Use the young leaves in salads or the mature leaves stir fried or as steamed greens.	6 pk.	\$4.00
Vegetable	Chard, Swiss	Vulcan	60	18 in.	16-20 in.	6 in.	Y	Very decorative, with bright red stems and green to purple leaves. Has a good flavor and high yield. Hardy and ornamental, this plant will have you eating greens through a long growing season.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Choy Sum	<b>UNAVAILABLE</b> Early Green	30-40	18-24 in.	3-4 in.	6-8 in.	Y	A fast growing green that can be harvested as Yu Choy (stem and leaf) or Yu Choy Sum, (stem, leaf and flower buds).	6 pk.	\$4.00
Vegetable	Chrysanthemum Greens	Garland Serrated Leaf	50	12-14 in.	6-12 in.	1 ft.	Y	May be stir fried or steamed like spinach, but is best used in combination with other greens or vegetables. Can also be used for ornamental purposes in flower beds and borders because of its leaves and flowers.	6 pk.	\$4.00
Vegetable	Endive	Frisee	98	1 ft.	18-24 in.	5-6 in.	Y	Endive and escarole are cool-season biennials grown as annuals. Both are salad greens similar to lettuce but stronger flavored. Both are commonly blanched to give them a paler appearance and milder flavor.	6 pk.	\$4.00
Vegetable	Escarole	de Louviers	50	10 in.	1 ft.	10 in.	Y	Leaves are wider and more tender than endive, with a milder, more delicate flavor. Use as a salad base in place of lettuce or wilt in a variety of delicious recipes.	6 pk.	\$4.00
Vegetable	Kale	Blue Curled Scotch	65	18-24 in.	1 ft.	14-16 in.	Y	Bluish green leaves are finely curled, tender and crunchy. Enjoy greens boiled, steamed, stir-fried or fresh as an addition to salads.	6 pk.	\$4.00
Vegetable	Kale	Dwarf Siberian	50	2 ft.	1 ft.	16 in.	Y	Small leaves are tender and can be used in salads. Larger leaves can be cooked like spinach.	6 pk.	\$4.00
Vegetable	Kale	Russian Red	60	1 ft.	2 ft.	2-3 ft.	Y	Kale can be prepared just like spinach and steamed, blanched, or braised. It is exceptionally good with garlic and can be added to thick and creamy potato, bean, or sausage soups.	6 pk.	\$4.00
Vegetable	Kale	Tronchuda	50-60	2-3 ft.	18 in.	1-2 ft.	Y	The wide, blue-green leaves are traditionally used in soups and stews. Enjoy the crunchy, white ribs braised with sausages or raw as a sweet, juicy snack.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Kalettes	Autumn Star	110	18-36 in.	2 ft.	2-3 ft.	Y	An early maturing variety, kicking off the harvest season. Melding the flavor, texture and beauty of kale in the size and form of Brussels sprouts.	6 pk.	\$4.00
Vegetable	Kalettes	Mistletoe	125	18-36 in.	2 ft.	2-3 ft.	Y	Aptly named for its holiday harvest window, offering heavy crops just in time for celebratory feasts at the end of the year. Melding the flavor, texture and beauty of kale in the size and form of Brussels sprouts.	6 pk.	\$4.00
Vegetable	Kohlrabi	Early Purple Vienna	65	1 ft.	4-6 in.	18 in.	Y	Has a crisp texture that works great for salads and slaws. The flavor has been compared to apples, mild turnips, and radish. Also delicious sauteed or stir-fried.	6 pk.	\$4.00
Vegetable	Kohlrabi	Early White Vienna	55	18 in.	4 in.	6-8 in.	Y	Round, above-ground "bulbs" with light green, smooth skin have creamy white, tender flesh. Flavor is mild, sweet, turnip-like. Superb raw or steamed.	6 pk.	\$4.00
Vegetable	Komatsuna	Komatsuna	30-50	18-24 in.	4-6 in.	8 in.	Y	Use in soup, salad, pickling, stir-fry, ohitashi, sukiyaki, and yosenabe. Rich in calcium.	6 pk.	\$4.00
Vegetable	Leek	<b>SOLD OUT</b> American Flag	140	2 ft.	6 in.	10-15 in.	Y	Have a delicate onion flavor that makes them a favorite in soups, stews and salads.	3 in.	\$4.00
Vegetable	Leek	Bulgarian Giant	90	18 in.	9-12 in.	14-20 in.	Y	An excellent European heirloom leek with extremely long stems and consistent bulb formation. It is highly regarded by chefs for its good quality flavor and ease of handling in the kitchen.	3 in.	\$4.00
Vegetable	Leek, Chinese	Broad Leaved Nira	100	1 ft.	18-24 in.	14-16 in.	Y	This Japanese variety of Chinese leek (nira) has deep green, broad, thick leaves that have a garlic-onion flavor. It is also referred to as flat chives.	3 in.	\$4.00
Vegetable	Leek, Chinese	Flowering	70	14-20 in.	6-8 in.	14 in.	Y	Used in soups, stir-fries, tempura, dumplings, and salads. Excellent in egg dishes. Flowers are used as an edible garnish with dishes like sashimi.	3 in.	\$4.00



## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Lettuce	<b>SOLD OUT</b> Brune d'Hiver	60-65	12-14 in.	6 in.	4-6 in.	Y	The yield is abundant and the leaves are very pretty and mild tasting, perfect as a salad base or for sandwiches. Use little or no dressing on this variety, it tastes that good.	6 pk.	\$4.00
Vegetable	Lettuce	<b>SOLD OUT</b> Buttercrunch	55	12-18 in.	6-18 in.	6-8 in.	Y	1963 AAS winner. With a luscious, buttery texture, heads are dark green outside with a creamy yellow color inside. Best picked minutes before your meal.	6 pk.	\$4.00
Vegetable	Lettuce	Cimarron	65	10-12 in.	6-18 in.	10-12 in.	Y	Use lettuce leaves in salads, in sandwiches, or as wraps.	6 pk.	\$4.00
Vegetable	Lettuce	Lollo Rossa	60	12-14 in.	10 in.	6 in.	Y	Italian loose-leaf loved for its deep red, tightly curled leaves surrounding a bright green heart. An ideal baby leaf variety providing mild flavor and excellent loft, heft and color to salad mixes.	6 pk.	\$4.00
Vegetable	Lettuce	Mignonette Bronze	60	12-14 in.	8-10 in.	8 in.	Y	Produces a head that is about 8" across with crumply, crisp leaves perfect for salads or sandwiches.	6 pk.	\$4.00
Vegetable	Lettuce	<b>UNAVAILABLE</b> New Red Fire	55	16-18 in.	10-16 in.	10-12 in.	Y	A feast for the eyes as well as the palate. The most ruby-red loose-leaf variety available. Produces an impressive loose leaf head. Crisp and sweet.	6 pk.	\$4.00
Vegetable	Lettuce	New Yu Mai	50-60	14-20 in.	6-8 in.	10 in.	Y	Use in salad, soup and stir-fries.	6 pk.	\$4.00
Vegetable	Lettuce	Okayama Salad	55	14-20 in.	6-8 in.	8 in.	Y	A light dressing is all the seasoning this variety needs.	6 pk.	\$4.00
Vegetable	Lettuce	Red Romaine	50	16-18 in.	10-18 in.	1 ft.	Y	Outer leaves can also be used in salads or as a tortilla substitute for wraps. Romaine lettuce is crisp and juicy, with a sweetness unmatched by other lettuce types.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Lettuce	Rouge d'Hiver	55-65	1 ft.	6-8 in.	9-15 in.	Y	A compact romaine type producing large smooth leaves that are green at the heart and brownish-red throughout the body. Crisp and tasty. Combines well with green-leaf varieties.	6 pk.	\$4.00
Vegetable	Lettuce	Taiwan Sword Leaf	50-60	6-8 in.	14-20 in.	10 in.	Y	Use in salad, soup and stir-fries. Popularly used in Cantonese cuisine.	6 pk.	\$4.00
Vegetable	Lettuce	Tom Thumb	60	6 in.	6 in.	9-15 in.	Y	A unique English heirloom lettuce that can take the heat and stars in the kitchen. Mild and creamy, the bright yellowish, lime green leaves from the tiny, 4-5" butterhead are just right for individual salads.	6 pk.	\$4.00
Vegetable	Mache	Mache	55	8-12 in.	1 in.	3 in.	Y	Eaten fresh. An excellent salad base. Grow this green in your cold season and keep your tummy warm.	6 pk.	\$4.00
Vegetable	Mustard, Chinese	Gai Choi	60	12-14 in.	6-12 in.	3 ft.	Y	Following Asian culinary traditions, these greens may be stir-fried, used in soups, braised or salt-pickled as westerners would prepare cabbage for sauerkraut.	6 pk.	\$4.00
Vegetable	Mustard, Ethiopian	Ethiopian Mustard	20-60	18-24 in.	8-10 in.	3-6 ft.	Y	This leafy green in originated in Ethiopia. Also known as Ethiopian kale, Abyssinian mustard, African kale, and Highland kale. The leaves are mild flavor compared to kale and mustard.	6 pk.	\$4.00
Vegetable	Mustard, Japanese	Giant Red	40	12-18 in.	4-6 in.	1-2 ft.		Purple-red leaves with a delicious, strong, sharp, almost garlic-like, mustard flavor. Tasty stir-fried or boiled and makes a great pickling variety.	6 pk.	\$4.00
Vegetable	Mustard, Japanese	Hatakena	35	18 in.	6-8 in.	12-18 in.	Y	A popular Japanese mustard leaf that is bright green in color. Its leaves are hairy with slender stems or petioles. Mustard pungency increases as plant size increases.	6 pk.	\$4.00
Vegetable	Mustard, Mizuna	Mizuna Early	40-50	18-24 in.	4-6 in.	9 in.	Y	Excellent for sukiyaki, shabu shabu, yosenabe, ohitashi, hariharinabe, pickling, and salads.	6 pk.	\$4.00

## Companions, Herbs, and Veggies

Category	Vegetable	Variety	Days	Row Spacing	Plant Spacing	Height	Pot?	Description	Size	Price
Vegetable	Mustard, Seaweed	Oka Hijiki	30-40	4-6 in.	18-24 in.	2 in.	Y	Tender, young leaves are appreciated for their tart, salty flavor and succulent texture and are mainly eaten fresh or lightly steamed. Also grown as microgreens.	6 pk.	\$4.00
Vegetable	Onion, Bunching	Evergreen Hardy White	65	6 in.	2 ft.	8-18 in.	Y	Wonderful in Asian cooking and salads.	3 in.	\$4.00
Vegetable	Onion, Bunching	Ishikura Long Winter	40-60	14-20 in.	2 in.	15-18 in.	Y	Prepare fresh or cooked. Use in fried and grilled dishes, in o-konomi-yaki pancakes, and sukiyaki. Can be boiled and served with miso dressing.	3 in.	\$4.00
Vegetable	Orach	Ruby Red	30-40	18-30 in.	6-10 in.	4-6 ft.	Y	Leaves are deep purple and have a spinach-like flavor. Plants can get 4-6 ft. tall but harvest the leaves when the plant is a foot tall or less for best taste.	6 pk.	\$4.00
Vegetable	Pak Choi	Shanghai Green	45	1 ft.	3-4 in.	5-6 in.	Y	Pak choi stalks can be consumed raw, or cooked. It has a high water content and becomes limp very quickly so should be cooked very quickly over high temperature so that the leaves become tender and the stalks stay crisp.	6 pk.	\$4.00
Vegetable	Radish Leaf	<b>UNAVAILABLE</b> Saisai	35	18-24 in.	6 in.	1 ft.	Y	An Asian radish developed primarily to provide leaves for salads, stir-fries and pickling. Harvest the juicy pale green succulent leaves when they are young and tender.	6 pk.	\$4.00
Vegetable	Shallot	<b>SOLD OUT</b> Camelot	125	12-18 in.	1 ft.	8-12 in.	Y	Extremely versatile in the kitchen. Adds a rich, subtle onion taste that cannot be duplicated. Add color and a gourmet depth of flavor to your cuisine.	3 in.	\$4.00
Vegetable	Spinach	Bloomsdale Long Standing <b>SOLD OUT</b>	40-48	2 ft.	6 in.	10-12 in.	Y	Leaves can be sauteed or steamed as well as eaten raw.	6 pk.	\$4.00
Vegetable	Spinach	<b>SOLD OUT</b> Gigante d'Inverno	50	10-12 in.	3 in.	2 ft.	Y	Suitable for salad mix size, but really excels for fall and winter bunching. Triangular shaped leaves are tender and delicious.	6 pk.	\$4.00